

Y6 Transition Learning Projects.

WC 22.06.2020: Growing your independence.

This week's learning focusses on building your child's independence for their transition to secondary school. It will give them the opportunity to plan for the different lessons they will have at secondary school, and to organise a time for their studies at home.

Transition Activities:

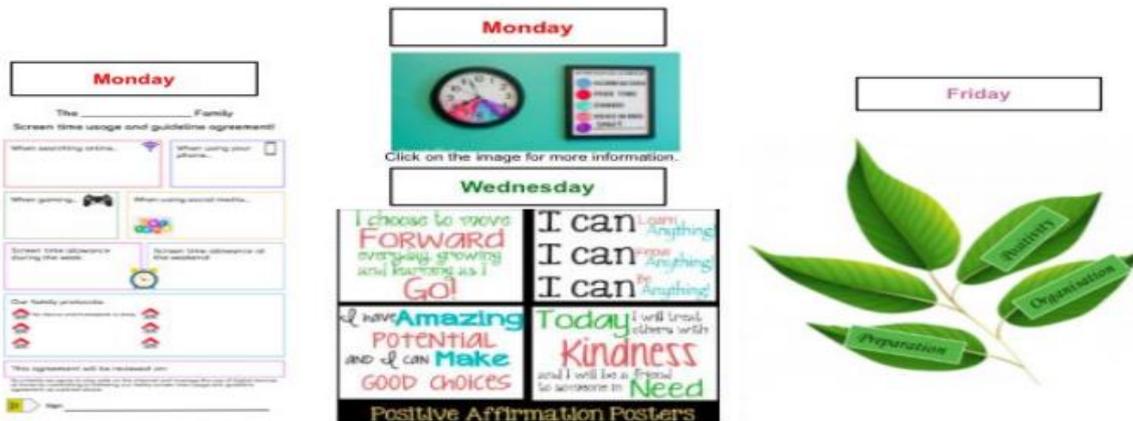
- Next year your child will have to be more responsible for things. Work with your child to create an agreement of when they will spend their time completing their homework. It might be worth discussing with your child how often they can go on their phone / computer / games console, and when they need a break from them. After discussing this with them, create a screen time agreement together that includes when and how often they can use their devices.
- As your child moves onto secondary school, they will learn many new things. It would be good to encourage your child to learn a new skill or hobby. This could be something they have always wanted to try, such as cooking, or it could be a new skill that you explore together, like DIY or learning first aid. After working on the new skill, your child could create a blog post or information poster about it.
- To support your child as they grow more independent, it might be useful for them to have key messages they want to stick by. Your child could create their own affirmation, quote or slogan that they will stick by when they are struggling with something and will offer emotional support and encouragement as they develop their independence.
- Your child will be faced with scenarios that they will have to solve independently. Some of these will involve communicating effectively to you as parents. Look at different scenarios and get your child to decide the best way to solve them. You might want to discuss different ways they could approach these, and decide together which would be the best solution.
Example scenario 1: You have got a detention at school. How are you going to explain this to your parents?
Example scenario 2: Explain to your parents about the after school clubs that take place at your school. Which ones would you like to take part in?
Example scenario 3: You return back to school but you have to social distance from your classmates. How is this going to work? How are you going to abide by these rules?
Example scenario 4: Your parents want to know how you are going to get to school safely. Explain your route to them and also your back up plan. How long will it take you? When will you arrive at school and return home? How will you let your family know you are safe? Use the route you already created to help you.
- There are things you need to become an independent thinker. Ask your child to create an independence plant, flower or tree. On it they should list all the things they need to help them grow independence. What skills and attributes do they need? They could create a poster of this to hang in their room.

Additional Learning:

- [This website](#) gives you some ideas on how your child could approach writing affirmations.
- On [this website](#), there are some useful ways in which you can support your child to develop their independence.
- [Here](#) are a range of examples of screen time agreements that you could adapt for your child.
- [This short video](#) gives advice about how children can stay safe online, and suggests ways for parents to support this. You could watch this with your child and maybe ask them to include some of the things in their screen time agreement. There is also [this screen time](#) top tips poster, which might be useful!

Growing your independence - Example Work:

Below are some examples of how your child could set out their work.



Additional Learning Resources Parents May Wish To Engage With:

[Here](#) is a parental survival guide and cheat sheet for transitioning to secondary school from the BBC.

- If your child is worried about the move to secondary school, the [Young Minds](#) website supports with worry and anxiety.
- [Here](#) is a video about how to help your child to organise themselves and top tips for if they are struggling with their learning.
- [This website](#) has tips and tricks to becoming organised and ready for secondary school.

